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Article

Associations between Source-Specific Particulate Matter and Respiratory Infections in New York State Adults

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ABSTRACT: The response of respiratory infections to sourcespecific particulate matter (PM) is an area of active research. Using source-specific PM_{2.5} concentrations at six urban sites in New York State, a case-crossover design, and conditional logistic regression, we examined the association between source-specific PM and the rate of hospitalizations and emergency department (ED) visits for influenza or culturenegative pneumonia from 2005 to 2016. There were at most N= 14764 influenza hospitalizations, N = 57522 influenza ED visits, $N = 274\,226$ culture-negative pneumonia hospitalizations, and $N = 113\,997$ culture-negative pneumonia ED visits included in our analyses. We separately estimated the rate of



respiratory infection associated with increased concentrations of source-specific PM2.5, including secondary sulfate (SS). secondary nitrate (SN), biomass burning (BB), pyrolyzed organic carbon (OP), road dust (RD), residual oil (RO), diesel (DIE), and spark ignition vehicle emissions (GAS). Increased rates of ED visits for influenza were associated with interquartile range increases in concentrations of GAS (excess rate [ER] = 9.2%; 95% CI: 4.3%, 14.3%) and DIE (ER = 3.9%; 95% CI: 1.1%, 6.8%) for lag days 0–3. There were similar associations between BB, SS, OP, and RO, and ED visits or hospitalizations for influenza, but not culture-negative pneumonia hospitalizations or ED visits. Short-term increases in PM2.5 from traffic and other combustion sources appear to be a potential risk factor for increased rates of influenza hospitalizations and ED visits.

INTRODUCTION

Previous studies have linked increased concentrations of ambient fine particles (PM_{2.5}; particulate diameter <2.5 μ m) with respiratory infection in adults.¹⁻⁵ Recently, we observed an increased rate of hospitalization for culture-negative pneumonia and emergency department (ED) visits for culture-negative pneumonia and influenza, associated with increased PM25 concentrations in the previous 1, 4, and 7 days among adult residents of six New York State urban regions.⁶ An important next step to better understand the health effects of exposure to PM and guide policies is to identify PM components and sources with the highest toxicity.

PM_{2.5} is composed of numerous components that arise from different manmade sources (e.g., diesel, industry, spark ignition [gasoline] vehicles) and natural sources (e.g., sea salt). Source apportionment is an established method of identifying components of PM air pollution using spatial and temporal patterns,⁷ with apportioned PM source contributions used to examine acute morbidity and mortality events associated with individual PM sources.⁸ Previously, using positive matrix factorization (PMF) to estimate the mass concentration of particles corresponding to specific pollution sources at six urban

centers in NY State,⁹ we identified major PM sources present at all six sites, including secondary nitrate [SN], secondary sulfate [SS], diesel [DIE], spark ignition vehicle emissions [GAS], pyrolyzed organic-rich emissions [OP], biomass burning [BB], and road dust [RD]. Three sources were identified only at New York City sites (fresh sea salt [FSS], aged sea salt [AGS], and residual oil [RO]). Further descriptions of these PM sources are provided by Squizzato et al.9

As described previously,¹⁰ there were significant reductions in air pollutant concentrations in New York State (NYS) from 2005 to 2016. These reductions were driven by economic changes due to the 2008 recession, changes in the relative prices of natural gas and coal for electricity production, and a number of policy initiatives to improve air quality in NYS, the United States, and Canada. In addition to reduced concentrations of gaseous pollutants and bulk PM_{2.5}, there were also changes in particle composition.¹¹ Generally, decreasing concentrations

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Table 1.	Characteristics	of Hospitalizations	and ED Visits	of Patients by	Type of Re	spiratory Infection
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			Int	fluenza		Culture-Negative Pneumonia			
		Hospitalizations $(N = 14764)$		Emergency D Visits (N =	epartment 57 522)	Hospitaliza (N = 274	ations 226)	Emergency D Visits (N =	epartment 113 997)
		п	%	n	%	n	%	п	%
Gend	er								
	male	6335	43	22 828	40	128 888	47	54 471	48
	female	8429	57	34 692	60	145 337	53	59 520	52
Age									
	years: mean (st. deviation)	65(20)		38(16)		69(18)		49(19)	
	18-39	1880	13	34 606	60	20 266	7	38 213	34
	40-49	1370	9	9969	17	22 078	8	21 596	19
	50-59	2044	14	7106	12	35 343	13	21 243	19
	60-69	2292	16	3265	6	43 166	16	14 283	13
	70-79	2695	18	1509	3	55 847	20	9 486	8
	≥80	4483	30	1067	2	97 526	36	9176	8
Race									
	white	7304	49	18 772	33	146 914	54	49 596	44
	black	3202	22	20 199	35	62 154	23	34 214	30
	native American/Alaskan	56	0	261	0	1384	1	531	0
	Asian	259	2	1315	2	8904	3	2666	2
	native Hawaiian	1	0	20	0	122	0	50	0
Ethnie	city								
	hispanic	1456	10	9497	17	32 375	12	14 348	13
Year									
	2005	585	4	1998	3	31 211	11	7620	7
	2006	306	2	1459	3	29 202	11	7884	7
	2007	175	1	1534	3	27 504	10	8029	7
	2008	528	4	3363	6	25 359	9	8410	7
	2009	1594	11	12 116	21	24 373	9	9911	9
	2010	561	4	2552	4	22 378	8	8290	7
	2011	871	6	3317	6	22 792	8	9970	9
	2012	855	6	3250	6	21 419	8	10 845	10
	2013	1901	13	7837	14	19 682	7	10 284	9
	2014	2489	17	7490	13	17 464	6	10 014	9
	2015	2179	15	4639	8	16 771	6	11 115	10
	2016	2720	18	7967	14	16 071	6	11 625	10
Seaso	n								
	fall	989	7	7930	14	61 704	23	27 948	25
	spring	4379	30	15 913	28	72 750	27	28 665	25
	summer	647	4	3953	7	59 291	22	22 845	20
	winter	8749	59	29 726	52	80 481	29	34 539	30

were observed across the state for SS and SN, while GAS was the only source with increasing concentrations over this period.¹¹ Secondary organic carbon (SOC), estimated by the elemental carbon trace method, also increased from 2005 to 2016.⁹

Matching a statewide dataset of respiratory infectious disease hospitalizations and emergency department visits in NYS to estimates of source-specific PM, we estimated the rate of influenza and culture-negative pneumonia associated with increased PM source contributions in the previous 1, 4, and 7 days (driven by findings from our previous study).⁶ In our prior study, we observed increased respiratory infection hospitalizations and ED visits associated with increased PM_{2.5} concentrations in the previous 7 days and increased SOC concentrations over the same time period.⁶ Based on our findings, we hypothesized that increased contributions of diesel (DIE), spark ignition vehicle emissions (GAS), secondary nitrate (SN), and secondary sulfate (SS) would be associated with increased rates of hospitalizations and ED visits for culturenegative pneumonia and influenza.

METHODS

Study Population and Hospital Admission Data. We used the same hospitalization and ED visit data as our previous study.⁶ Briefly, we included adult (age > 18 years old) patients from the NYS Department of Health Statewide Planning and Research Cooperative System (SPARCS), which includes hospitalizations from nearly 95% of hospitals in NYS, who lived within 15 miles of a central monitoring site in Buffalo, Rochester, Albany, Bronx, Manhattan, or Queens from Jan 1, 2005 to Dec 31, 2016. We included patients with a primary diagnosis (at the time of hospitalization or ED visit) of influenza (ICD9 = 487.0, 487.8, 488.0, 488.01, 488.02, 488.1, 488.11, 488.12, 488.8, 488.81, 488.82; ICD10 = J09, J09.X1, J09.X2, J10.0, J10.00, J10.01, J10.08, J10.1, J11.0, J11.00, J11.08, J11.1) or culture-negative pneumonia (ICD9 = 485, 486; ICD10 = J18). This study was approved by the Institutional Review Board at the State University of New York at Albany.

PM_{2.5} Sources and Weather Data. We retrieved PM_{2.5} concentration for these six sites (Albany, Buffalo, Rochester,

Table 2. Distribution of Daily	y PM _{2.5} Source Concentrations ((µg/m ³) for Control Periods (la	g day 0)
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PM _{2.5} Source	Mean	Standard Deviation	Minimum	5th Percentile	25th Percentile	50th Percentile	75th Percentile	95th Percentile	Maximum
Total PM _{2.5}	10.98	6.87	1.00	3.60	6.10	9.10	13.90	25.50	47.00
All Sites									
road dust (RD)	0.45	0.52	-0.20	0.00	0.14	0.30	0.58	1.39	6.39
secondary sulfate (S	S) 3.12	3.93	-0.94	-0.38	0.76	2.04	4.09	10.50	42.47
secondary nitrate (S	SN) 1.81	2.80	-0.78	-0.16	0.13	0.75	2.37	7.65	24.12
diesel (DIE)	1.09	0.89	-0.38	0.09	0.53	0.92	1.44	2.67	10.26
spark ignition emiss (GAS)	ions 1.60	1.67	-0.44	-0.17	0.41	1.13	2.32	4.92	14.60
biomass burning (B	B) 0.37	0.53	-0.22	-0.05	0.04	0.18	0.53	1.38	9.92
pyrolyzed organic ri (OP)	ch 1.31	1.81	-0.34	-0.18	0.11	0.83	1.83	4.35	20.24
New York City Sites Only									
fresh sea salt (FSS)	0.20	0.66	-0.08	-0.01	0.00	0.02	0.10	0.98	10.64
aged sea salt (AGS)	0.60	0.74	-0.15	-0.03	0.10	0.37	0.80	2.08	7.93
residual oil (RO)	0.63	0.80	-0.20	-0.07	0.11	0.38	0.85	2.20	7.17

Bronx, Manhattan, and Queens) from 2005 to 2016 from the USEPA Air Quality System (https://aqs.epa.gov/api). We then obtained chemical speciation data for $PM_{2.5}$ from the EPA Chemical Speciation Network (CSN; AQS, www.epa.gov/aqs). Solomon et al.¹² have published the details of the sampling methods, analytical protocols, and quality assurance/quality control. U.S. EPA PMF version 5.014, was used to identify $PM_{2.5}$ sources at each site.⁹ PMF results were described in detail by Squizzato et al.⁹

Daily ambient temperature and relative humidity data were retrieved from the National Weather Service (National Climate Data Center, https://www.ncdc.noaa.gov/cdo-web/datatools/ lcd). Values for each patient were selected based on the closest airport (BUF, Buffalo; ROC, Rochester; ALB, Albany; LGA, Bronx; and JFK, Queens) or weather station (Central Park for Manhattan) to their residence.

Study Design and Statistical Analyses. We used the same time-stratified, case-crossover design¹³ described in our previous analyses of PM2.5 and acute cardiovascular, respiratory, cardiovascular,¹⁴ respiratory,¹⁵ respiratory infection⁶ hospitalizations and ED visits. We fit a conditional logistic regression model for influenza hospitalizations and PM_{2.5} (to replicate our previous PM_{2.5} findings⁶) and each PM_{2.5} source in separate models, where each patient contributed one case observation and three to four control observations from the same day of the week within the case month. Case-control status (i.e., case = 1, control = 0) was regressed against the mean $PM_{2.5}$ source concentration, adjusting for ambient temperature (natural spline, 4 degrees of freedom [df]) and relative humidity (natural spline, 4 df) on the same case and control days (e.g., lag day 0), and residual PM_{2.5} mass concentration (i.e., PM_{2.5} concentration-PM25 source concentration). From this model, we estimated the excess rate ([rate ratio -1.0] × 100%) and its 95% confidence interval. We then reran this set of models for each PM_{2.5} source for lag days 0–3 and then lag days 0–6 and then reran this analysis for culture-negative pneumonia hospitalizations, influenza ED visits, and culture-negative pneumonia ED visits. All data management and statistical analyses were done using R version 3.0.1 (https://www.r-project.org/). Due to each lag period requiring a separate analysis model, we used 0.05/3 or 0.017 as the *p*-value to determine statistical significance in this analysis of PM_{2.5} sources and outcomes.

RESULTS

Patients hospitalized with influenza and culture-negative pneumonia were older (mean $[\pm$ standard deviation] age of 65 ± 20 and 69 ± 18 years, respectively) than patients being treated in the ED $(38 \pm 16 \text{ and } 49 \pm 19 \text{ years old, respectively})$ (Table 1). Patients with influenza were predominantly female (57-60%). Compared to hospitalized influenza patients, influenza patients only treated in the ED were more racially diverse (33% white and 35% black). Similarly, hospitalized culture-negative pneumonia patients were more often white (54%) than culture-negative pneumonia patients treated in the ED (44% white) (Table 1). Influenza hospitalizations and ED visits were more often from latter years of the study period (hospitalized patients after 2012: 63%; ED visits after 2012: 59%) and predominantly from the winter and spring (hospitalized patients: 89%; ED visits: 80%). Culture-negative pneumonia hospitalizations and ED visits were less often from the latter years (hospitalized patients after 2012: 25%; ED visits after 2012: 38%), and more evenly distributed across seasons (Table 1). Distributions of the source-specific PM_{2.5} mass contributions are shown in Table 2, with more detailed source descriptions provided by Squizzato et al. (2018).⁹ Minimum values for the source-specific mass concentrations often have small negative values as a result of the uncertainties in the PMF analysis.¹⁶ However, we did not left-censor the values to avoid the potential bias that such truncation would induce.¹⁷

For influenza, increased hospitalization rates were significantly associated with interquartile range (IQR) increases in the total $PM_{2.5}$ concentrations on the lag day 0 and lag days 0-3(excess rate [ER] = 12.2%; 95% CI: 0.7%, 25.0%) (Table 3 and Figure 1). Similarly, increases in SN concentrations on lag day 0 were associated with an increase in the rate of influenza hospitalizations (ER = 5.0%; 95% CI: 0.1%, 10.1%). Although not statistically significant, similarly sized increased rates of influenza hospitalization were associated with IQR increases in concentrations of SS (ER = 3.0%; 95% CI: -0.7%, 6.8), GAS (ER = 6.0%; 95% CI: -0.1%, 12.5%), RO (ER = 2.7%; 95% CI: -3.0%, 8.6%), and BB (ER = 6.3%; 95% CI: -0.5%, 13.5%) on lag day 0. The magnitude of the increased rates of influenza hospitalizations associated with increases in DIE (ER = 1.1%; 95% CI: -0.8%, 3.1%) was smaller than observed for other pollutants on lag day 0. No consistent associations were observed between influenza hospitalizations and the OP, RD, FSS, or AGS concentrations.

Table 3. Excess Rate of Acute Hospitalizations for Respiratory Infections Associated with Each Interquartile Range Increase in Total $PM_{2.5}$ or $PM_{2.5}$ Source Concentration^a

		Total PM _{2.5} (in the PMF File)				Secondary Sulfate (SS)			
Outcome	Lag	N cases	IQR ($\mu g/m^3$)	Excess Rate % (95% CI)	<i>p</i> -value	N cases	IQR ($\mu g/m^3$)	Excess Rate % (95% CI)	<i>p</i> -value
Culture-Negative Pneumonia	0	56 181	5.8	0.8 (-0.2, 1.8)	0.130	55 000	2.12	0.8 (0.1, 1.6)	0.018
	0-3	40 554	5.05	0.4 (-1.0, 1.9)	0.580	39 000	2.1	0.4 (-0.8, 1.6)	0.526
	0-6	42 332	4.2	0.1 (-1.4, 1.6)	0.942	40 384	1.65	0.2 (-1.0, 1.4)	0.732
Influenza	0	3246	5.2	6.2 (1.8, 10.8)	0.005	3194	1.58	3.0 (-0.7, 6.8)	0.110
	0-3	1923	7.1	12.2 (0.7, 25.0)	0.038	1854	1.33	5.5 (-0.4, 11.8)	0.067
	0-6	2043	6.78	6.7 (-5.1, 20.0)	0.279	1978	1.25	3.5 (-2.5, 9.9)	0.260
			Spark Ignit	ion Emissions (GAS)			D	viesel (DIE)	
Outcome	Lag	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value
Culture-Negative Pneumonia	0	55 000	2.51	0.2 (-1.8, 2.2)	0.831	55 000	0.58	-0.7 (-1.5, 0.1)	0.083
	0-3	39 000	1.9	0.2 (-2.3, 2.8)	0.867	39 000	0.81	0.2 (-1.7, 2.2)	0.823
	0-6	40 384	1.42	1.0 (-1.3, 3.4)	0.391	40 384	0.91	-1.2 (-3.8, 1.4)	0.354
Influenza	0	3194	2.15	6.0 (-0.1, 12.5)	0.052	3194	0.25	1.1 (-0.8, 3.1)	0.255
	0-3	1854	0.95	-0.1 (-4.5, 4.6)	0.974	1854	0.28	3.7 (-0.5, 8.2)	0.087
	0-6	1978	0.9	2.2 (-2.4, 7.0)	0.353	1978	0.26	1.8 (-2.2, 6.0)	0.386
			Roa	nd Dust (RD)			Second	lary Nitrate (SN)	
Outcome	Lag	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value
Culture-Negative Pneumonia	0	55 000	0.3	0.8 (-0.0, 1.6)	0.053	55 000	1.48	0.3 (-0.3, 1.0)	0.324
	0-3	39 000	0.24	1.1 (0.0, 2.2)	0.046	39 000	1.71	0.5 (-0.7, 1.7)	0.396
	0-6	40 384	0.27	1.1 (-0.3, 2.6)	0.136	40 384	1.76	-0.1 (-1.6, 1.5)	0.896
Influenza	0	3194	0.28	-0.7 (-5.3, 4.0)	0.760	3194	2.12	5.0 (0.1, 10.1)	0.043
	0-3	1854	0.21	-4.1 (-10.1, 2.3)	0.207	1854	1.6	5.8 (-1.1, 13.3)	0.101
	0-6	1978	0.16	0.8 (-4.5, 6.4)	0.773	1978	1.71	0.8 (-7.3, 9.6)	0.855
			Pyrolized Organic Rich (OP)				Fresh	Sea Salt (FSS)	
Outcome	Lag	N cases	$\frac{IQR}{(\mu g/m^3)}$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	IQR $(\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value
Culture-Negative Pneumonia	0	33 581	1.43	-0.5 (-1.8, 0.8)	0.447	47 231	0.12	-0.1 (-0.3, 0.1)	0.181
	0-3	23 498	0.96	0.8 (-0.6, 2.3)	0.261	35 658	0.17	-0.4 (-0.9, 0.1)	0.097
	0-6	24 517	0.9	0.4 (-1.4, 2.2)	0.650	35 168	0.22	-0.2 (-0.9, 0.5)	0.546
Influenza	0	2868	0.89	-0.0 (-3.8, 3.9)	0.993	2560	0.23	-1.6(-3.6, 0.5)	0.138
	0-3	1693	0.94	2.5 (-4.8, 10.4)	0.506	1616	0.26	-2.0(-5.7, 1.9)	0.316
	0-6	1833	0.86	-2.5 (-9.5, 5.0)	0.499	1608	0.29	-4.7 (-9.5, 0.4)	0.072
			Aged	Sea Salt (AGS)			Resi	dual Oil (RO)	
Outcome	Lag	N cases	$IQR (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value
Culture-Negative Pneumonia	0	47 231	0.7	0.2 (-1.0, 1.4)	0.783	47 231	0.85	-1.2 (-2.7, 0.4)	0.137
	0-3	35 658	0.64	-0.3 (-2.1, 1.4)	0.697	35 658	0.75	-0.4 (-2.6, 1.9)	0.749
	0-6	35 168	0.63	-0.6 (-2.8, 1.7)	0.600	35 168	0.74	-2.5 (-5.1, 0.2)	0.072
Influenza	0	2560	0.61	-3.4 (-7.7, 1.1)	0.133	2560	0.8	2.7 (-3.0, 8.6)	0.365
	0-3	1616	0.61	0.6 (-6.9, 8.6)	0.888	1616	0.64	2.8 (-5.2, 11.5)	0.501
	0-6	1608	0.49	-3.9 (-10.7, 3.4)	0.290	1608	0.61	2.6 (-5.6, 11.7)	0.543
		_		Η	Biomass Burn	ing (BB)			
Outcome			Lag	N cases	IQR ($\mu g/m^3$)	I	Excess Rate %	(95% CI) p	-value
Culture-Negative Pneu	monia		0	55 000	0.58		0.4 (-0.7,	, 1.7)	0.462
			0-3	39 000	0.48		-0.8 (-2.5,	, 1.1)	0.41
			0-6	40 384	0.4		1.3 (-0.6,	, 3.1)	0.175
Influenza			0	3194	0.63		6.3 (-0.5,	13.5)	0.070
			0-3	1854	0.43		-2.0 (-11.	3, 8.2)	0.688
			0-6	1978	0.5		10.1 (-1.9,	23.4)	0.102

 $^{a}\mathrm{PM}_{2.5}$ filters/measurements, on which PMF sources were identified, were only available in Buffalo every 6 days.

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Figure 1. Excess rate of influenza hospitalizations associated with each interquartile range increase in total $PM_{2.5}$ and source-specific $PM_{2.5}$ concentrations on lag day(s) 0, 0–3, and 0–6.

The pattern of influenza ED visit rate ratios was generally similar to the rate ratios for hospitalizations (Table 4 and Figure 2). Interquartile range (IQR) increases in total $PM_{2.5}$ concentration on lag day(s) 0, 0-3, and 0-6 were significantly associated with increased rates of ED visits (e.g., lag days 0-3: ER = 7.7%; 95% CI: 3.7%, 11.8%). Increased rates of influenza ED visits were also significantly associated with IQR increases in GAS concentration over lag days 0-3 (ER = 9.2%; 95% CI: 4.3%, 14.3%) and DIE concentration for lag days 0-3 (ER = 3.9%; 95% CI: 1.1%, 6.8%), as well as other lag times. Although not statistically significant and less precise, similarly sized increased rates of influenza ED visits were also associated with IQR increases in concentrations of SS (ER = 3.5%; 95% CI: 0.5%, 6.6%), OP (ER = 4.9%; 95% CI: 2.2%, 7.7%), RO (ER = 6.1%; 95% CI: 1.0%, 11.5%), and BB (ER = 4.9%; 95% CI: -0.5%, 10.5%) over the lag days 0-3. Increased concentrations of RD, RSS, and AGS were not associated with increased rates of influenza ED visits.

No consistent patterns of effect were observed for increases in $PM_{2.5}$ source contributions and the rates of culture-negative pneumonia hospitalizations or ED visits. The exception was a protective patterns for fresh sea salt $PM_{2.5}$ and culture-negative pneumonia ED visits (Table 4).

DISCUSSION

Previously, in a study of adult residents of six urban centers in NY State from 2005 to 2016, we observed an increased rate of

ED visits for influenza (1-4%) and culture-negative pneumonia (1-2%) associated with IQR increases in PM_{2.5} concentration in the previous 1-7 days.⁶ Using the same health data, we examined whether increases in the ambient concentration of specific sources of PM2.5 were associated with increased rates of influenza and culture-negative pneumonia hospitalizations and ED visits for the lag day(s) 0, 0-3, 0-6. Consistent with our hypothesis, increased concentrations of GAS and DIE (traffic sources) were associated with increased rates of influenza ED visits at multiple lag times. While positive associations between increased concentrations of OP, RO, BB, and SS and influenza ED visits were also observed, these estimates were less precise, not statistically significant, and smaller in magnitude. Similarly, associations between increased concentrations of GAS, DIE, SS, BB, and SN in the 0, 0-3, and 0-6 day lags and influenza hospitalizations were also positive, but not statistically significant. Associations were independent of ambient temperature and relative humidity since they were included in our statistical models and independent of any nontime varying patient characteristics (e.g., age, gender, socioeconomic status) via the case-crossover study design (case and control periods within the same month of the same patient). Finally, there were no consistent associations between any PM2.5 source and culture-negative pneumonia hospitalizations or ED visits.

There have been a relatively limited number of prior epidemiological studies using source-specific PM obtained from the application of receptor models.^{18–26} Most of these

Table 4. Excess Rate of Acute Respiratory Infectious ED Visits Associated with Each Interquartile Range Increase in Total $PM_{2.5}$ or $PM_{2.5}$ Source Concentration^a

		Total $PM_{2.5}$ (in the PMF File)				Secondary Sulfate (SS)				
Outcome	Lag	N cases	$IQR \\ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	
Culture-Negative Pneumonia	0	22 024	6	0.4 (-1.4, 2.3)	0.67	21 540	2.1	0.7 (-0.6, 2.0)	0.30	
	0-3	15 403	4.84	0.3 (-2.2, 2.8)	0.83	14 826	1.75	3.0 (1.1, 5.0)	0.002	
	0-6	16750	4.05	-1.3 (-3.7, 1.2)	0.30	16 040	1.41	1.4 (-0.5, 3.3)	0.14	
Influenza	0	11 490	5.7	2.3 (-0.2, 4.9)	0.07	11 293	1.74	3.3 (1.4, 5.4)	< 0.001	
	0-3	7741	4.93	7.7 (3.7, 11.8)	< 0.001	7530	1.47	3.5 (0.5, 6.6)	0.02	
	0-6	8509	6.03	6.0 (0.5, 11.8)	0.03	8190	1.18	-2.9 (-5.7, -0.1)	0.04	
		Spark Ignition Emissions (GAS)					Diesel (DIE)			
Outcome	Lag	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	
Culture-Negative Pneumonia	0	21 540	2.68	1.5 (-1.6, 4.7)	0.36	21 540	0.49	-0.8 (-2.0, 0.4)	0.20	
	0-3	14 826	1.73	0.5 (-2.9, 4.0)	0.77	14 826	0.71	-1.9(-4.9, 1.2)	0.23	
	0-6	16 040	1.44	1.3(-2.0, 4.7)	0.44	16 040	0.76	-3.7(-7.4, 0.2)	0.06	
Influenza	0	11 293	2.26	5.3 (1.7, 9.1)	0.004	11 293	0.43	-0.2(-1.9, 1.4)	0.77	
	0-3	7530	1.77	9.2 (4.3, 14.3)	< 0.001	7530	0.38	3.9 (1.1, 6.8)	0.01	
	0-6	8190	1.09	6.5 (3.1, 10.0)	< 0.001	8190	0.33	5.2 (2.6, 7.9)	< 0.001	
			Ro	ad Dust (RD)			Second	lary Nitrate (SN)		
Outcome	Lag	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p-</i> value	N cases	IQR $(\mu g/m^3)$	Excess Rate % (95% CI)	<i>p-</i> value	
Culture-Negative Pneumonia	0	21 540	0.29	-0.9 (-2.2, 0.5)	0.22	21 540	1.26	0.0 (-1.0, 1.0)	0.97	
	0-3	14 826	0.21	-1.2(-2.8, 0.5)	0.18	14 826	1.65	-1.8(-4.0, 0.4)	0.10	
	0-6	16 040	0.23	-1.0(-3.2, 1.2)	0.37	16 040	1.57	-2.5(-4.9, 0.0)	0.05	
Influenza	0	11 293	0.22	-1.4(-3.3, 0.5)	0.15	11 293	2.38	-2.3(-5.1, 0.5)	0.11	
	0-3	7530	0.2	0.3(-2.7, 3.4)	0.85	7530	1.94	-1.6(-5.4, 2.4)	0.43	
	0-6	8190	0.16	2.0(-0.8, 4.8)	0.16	8190	1.83	1.3 (-2.9, 5.7)	0.55	
			Pyrolized Organic Rich (OP)				Fresh Sea Salt (FSS)			
			IQR	Excess Rate %			IQR	Excess Rate %		
Outcome	Lag	N cases	$(\mu g/m^3)$	(95% CI)	<i>p</i> -value	N cases	$(\mu g/m^3)$	(95% CI)	<i>p</i> -value	
Culture-Negative Pneumonia	0	16 099	1.39	-0.0 (-2.0, 2.0)	0.99	16 698	0.08	-0.3 (-0.6, -0.0)	0.04	
	0-3	11 033	0.91	0.6 (-1.5, 2.8)	0.57	12 922	0.14	-0.9 (-1.6, -0.2)	0.02	
	0-6	12 005	0.73	-0.1 (-2.3, 2.1)	0.90	12 718	0.17	-1.9 (-3.0, -0.8)	< 0.001	
Influenza	0	9828	1.12	0.1 (-2.2, 2.4)	0.93	8990	0.14	-0.8 (-1.6, -0.1)	0.03	
	0-3	6560	0.77	4.9 (2.2, 7.7)	< 0.001	6582	0.2	-2.2(-3.8, -0.5)	0.01	
	0-6	7106	0.82	6.8 (3.5, 10.2)	< 0.001	6522	0.25	-2.1 (-4.5, 0.5)	0.11	
			Aged	Sea Salt (AGS)		Residual Oil (RO)				
Outcome	Lag	N cases	$IQR (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p</i> -value	N cases	$IQR \ (\mu g/m^3)$	Excess Rate % (95% CI)	<i>p-</i> value	
Culture-Negative Pneumonia	0	16 698	0.68	-1.8 (-3.7, 0.2)	0.08	16 698	0.77	-1.9 (-4.3, 0.6)	0.13	
	0-3	12 922	0.6	-1.9 (-4.5, 0.8)	0.17	12 922	0.68	-1.4 (-5.0, 2.4)	0.46	
	0-6	12 718	0.57	-2.5 (-5.7, 0.8)	0.14	12718	0.63	-5.0 (-8.9, -0.9)	0.02	
Influenza	0	8990	0.67	-3.5 (-6.3, -0.7)	0.02	8990	0.88	-0.1 (-3.5, 3.5)	0.96	
	0-3	6582	0.6	-1.5 (-5.5, 2.7)	0.48	6582	0.71	6.1 (1.0, 11.5)	0.02	
	0-6	6522	0.51	-8.0 (-12.0, -3.8)	< 0.001	6522	0.71	7.6 (1.5, 14.2)	0.01	
				F	Biomass Burni	ng (BB)				
Outcome]	Lag	N cases	IQR ($\mu g/m^3$)	Ex	cess Rate % (95% CI) p-v	alue	
Culture-Negative Pneu	monia	()	55 000	0.58		0.4 (-0.7,	1.7) 0.4	-62	
		()-3	39 000	0.48		-0.8 (-2.5,	1.1) 0.4	1	
		()—6	40 384	0.4		1.3 (-0.6, 3	3.1) 0.1	.75	
Influenza		()	3194	0.63		6.0 (2.8, 9.3	3) <0.	.001	
		()-3	1854	0.43		4.9 (-0.5,	10.5) 0.0	76	
		()-6	1978	0.5		6.0 (0.2, 12	2.0) 0.0	42	

 $^{a}\mathrm{PM}_{2.5}$ filters/measurements, on which PMF sources were identified, were only available in Buffalo every 6 days.

Article



Figure 2. Excess rate of influenza ED visits associated with each interquartile range increase in total $PM_{2.5}$ and source-specific $PM_{2.5}$ concentrations on lag day(s) 0, 0–3, and 0–6.

studies examine relatively short time intervals (5 years) and did not focus on respiratory infections. Our source-specific analysis represents the largest population of patients with respiratory infection analyzed over the longest time period in which substantive changes in air pollution sources including gasoline formulation and energy generation occurred.

Multiple prior studies have examined the association between air pollution and respiratory infection.^{1,4,5,27} Locally, Lall et al.⁴ reported increased respiratory and specifically pneumonia hospitalizations among adult New York City residents associated with increased concentrations of PM2.5 from steel (World Trade Center cleanup) at the 3 day lag time. Increased cardiovascular hospitalizations were also associated with increased traffic PM in the previous day.⁴ A source apportionment study of four U.S. cities (including PMF analyses) observed an increased excess risk (1-2%) of pneumonia ED visits associated with each IQR increases in diesel, gasoline (spark ignition) vehicle emission, and biomass burning PM_{2.5} in Birmingham, AL.²⁷ Similarly, our study observed increased relative rates of ED visits for influenza associated with IQR increases in $PM_{2,5}(2-8\%)$, spark ignition vehicle emissions (5– 9%), and diesel emissions (0-5%). Though we also observed positive associations between ED visits for influenza and BB, these were imprecise.

Short-term increases in concentrations of $PM_{2.5}$ from trafficrelated sources (i.e., diesel and spark ignition vehicle emissions) may be responsible for our prior finding of an association between ED visits for influenza and increased concentrations of overall PM2.5. Despite decreases in overall PM2.5 over the course of our prior study, the toxicity of remaining PM_{2.5} may have increased per unit mass. As described by Zhang et al.,¹² GAS contributions increased, while DIE contributions remained constant across the NY State over the study period. During this same study period, the contributions of other PM sources decreased (and their PM_{2.5} mass fractions).⁹ Thus, given our current finding of an association between GAS/influenza, the increasing GAS contribution may be one explanation for the increased toxicity of the PM2.5 in our prior study. In our current study, the lack of associations between air pollution and culturenegative pneumonia may be related to an increased variability from a decreased sample size due to measurements being made every 3rd or 6th day. The lack of these associations may also be from outcome misclassification given the heterogeneous nature of culture-negative pneumonia, which is a common diagnosis used by physicians for infections that are not clearly determined to be from bacterial or viral sources.²⁸

Within our own broader New York State Accountability study, we observed similar findings between acute cardiovascular hospitalizations, $PM_{2.5}$ mass, and individual $PM_{2.5}$ sources. Using the same health and source apportioned $PM_{2.5}$ data, we reported increased rates of hospitalizations for cardiac arrhythmia, ischemic stroke, congestive heart failure, and ischemic heart disease associated with increased $PM_{2.5}$ concentrations in the previous few days.¹⁴ Similar to the influenza findings reported in this study, increased rates of specific cardiovascular hospitalizations were associated with increased spark ignition vehicle emissions (GAS), diesel (DIE), road dust (RD), residual oil (RO), and secondary nitrate (SN) PM concentrations in the previous 1-7 days.²⁹ These cardiovascular findings and our respiratory infectious disease findings suggest a role of traffic-related sources of PM_{2.5} in NYS in the triggering of these events.

Our study focused on air pollution as one possible contributor to the risk of respiratory infection, recognizing that underlying immunity, smoking, vaccination status, comorbid cardiopulmonary diseases, and other environmental factors may have a greater effect on risk.^{30,31} These traffic-related PM sources may be associated with increased rates of health-care encounters for influenza via their impact on pulmonary inflammation and oxidative stress. The observation of both respiratory infection and cardiovascular outcomes being associated with acute increases in PM2.5 in several prior studies^{3,4} suggests that inflammation and oxidative stress may serve as a common mechanism for both pulmonary and cardiovascular health effects. Traffic PM sources may be contributing to an increase in secondary organic carbon (SOC) concentrations (associated with increased oxidative stress) observed in our prior studies.^{6,11,14} While the vehicle-related PM (spark ignition vehicle and diesel emissions) appears to have the strongest association with increased SOC concentrations in prior studies,^{9,11} the metal content of residual oil may also lead to oxidative stress similar to SOC.³² Exposure to diesel emissions in human epithelial cell models and in vivo mouse models resulted in disruptive inflammation that may be linked to an increased susceptibility to viral infections.³

We did not observe an association between road dust and respiratory infection. This null finding may, in part, be due to the large size of this particle and its deposition in the upper airway rather than the lower airway deposition of traffic emissions.³⁴ Further, the road dust is heterogeneous, including tailpipe³⁵ and nontailpipe³⁶ emissions from traffic mixed with deposited soil and road surface material. It can contain redox-active transition metals (i.e., Fe, Ni, Cu, Zn) from tire and brake wear, muffler ablation, and combusted lubricating oil that can induce the formation of endogenous oxidants.³⁷ Between deposition rates and variability in reactivity, studying the association between road dust and respiratory infections may vary from location to location.

The increasing concentrations of GAS and increased SOC formation over the study periods are likely related to increased numbers of spark ignition vehicles in NYS (by registration data), alterations to gasoline formulations from 2010 to 2014 that reduced benzene content,³⁸ and the use of gasoline direct injection technology.³⁹ The sources specific to energy production (particularly secondary sulfate and a portion of the secondary nitrate) likely have less oxidative capacity due to these being aged particles, and therefore they may contribute less to the delivery of reactive oxygen species and oxidative stress. The observation that secondary nitrate was strongly associated with hospitalizations for influenza is supported by a recent study in Utah observing an increased risk of hospitalization (subset of all ED visits) for pneumonia associated with the gaseous nitrogen dioxide $(NO_2)^{5}$. Since our ED visit group did not include the hospitalized patients, it is possible that the hospitalized patients in the study by Pirozzi et al.⁵ were driving the ED visit signal. The need for hospitalization may indicate an increased severity of illness related to either the oxidative potential of the gaseous

species (NO₂), the SN particulate form as a vehicle for infection, or both, given the bidirectional redox reaction between NO₂ and SN. An increased burden of airborne bacteria⁴⁰ and an increased virulence of bacteria⁴¹ have been observed in the setting of increased concentrations of particulate matter.⁴² Also, though more difficult to measure than airborne bacteria, the presence of viruses in aerosols also can put individuals at risk for infection.⁴² While detailing the risk of specific PM_{2.5} sources is important, understanding the chemistry occurring between components of pollution mixtures and the interactions between pathogens and particles are two important areas for future research.

We observed decreased rates of influenza hospitalizations and ED visits associated with increased fresh sea salt (FSS). Periods of increased FSS contributions likely occurred when the prevailing winds were easterly (from the ocean) and therefore likely have a lower relative proportion of traffic and other source-specific particles.⁶ Although we adjusted for PM_{2.5} mass from other sources in our analyses, this protective influenza/FSS association may be due to residual confounding by traffic PM sources.

We also observed differences in the effect estimates based on the timing of exposure. For influenza ED visits, which are presumably less severe infections than influenza hospitalizations, rate ratios were generally largest at the 0–3 and 0–6 lag days. For influenza hospitalizations, the effect estimates were largest at the 0 and 0–3 lag day(s). Patients with influenza infection generally become symptomatic within 2 days,⁴³ and, depending on the severity of their illness, may seek medical care over the following several days. This pattern may indicate that patients exposed to elevated levels of source-specific particulate matter during an active infection (lag days 0–3) may have a more severe course (hospitalization rather than ED visit) than patients who were exposed to elevated levels of air pollution prior to an active infection (lag days 0–6).

A prior large time series analysis in Atlanta from 1999 to 2013 described modeled associations between changing pollution levels and ED visits for an aggregate outcome of respiratory diseases with a 3 day moving average.⁴⁴ Similar to our suggestion that spark ignition (gasoline) emissions are the driver of the PM toxicity, the Atlanta study observed that greater reductions in ED visits for respiratory disease were associated with gasoline-related regulations than diesel-related regulations. However, due to the short lag time, it is difficult to directly compare their values to our study. Extending the included lag times of future source-specific studies to at least 6 days would help clarify the effect of exposure timing on the risk of respiratory infection.

The finding of a difference between ED visits and hospitalization may also simply represent a greater degree of exposure misclassification (and downward bias) for influenza ED visits than influenza hospitalizations. For example, there may just be a greater amount of error in using ED visit arrival date as an estimate of disease onset time (i.e., less severe disease may not spur the patient to seek care for several days) than when using date of influenza hospitalization (i.e., more severe disease may spur a patient to seek care soon after disease onset). Greater error in estimating disease onset time would likely produce more error in matching preinfluenza air pollutant concentrations to influenza ED visits than influenza hospitalizations, resulting in a greater degree of bias toward the null and underestimates of relative rates for influenza ED visits than influenza hospitalizations.

There are several additional limitations to consider when interpreting our results. Due to the use of ambient air pollution

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levels for all patients within a 15 mile radius of each monitoring station, there is an element of exposure misclassification, which likely led to the underestimation of relative rates. Second, our source apportionment⁹ was designed to provide a continuous set of apportionments over the entire 12 year study period (2005– 2016). However, this approach may have resulted in misspecification of the source-specific PM25 concentrations during time periods where composition and related pollutant concentrations were changing substantially¹⁰ and thus underestimation of relative rates. Also, although there is likely exposure error in our estimates of each source-specific PM concentration in our analyses, this error is not likely to be different on case days than control days, resulting in underestimates of excess rates associated with each source-specific PM. However, the amount of error and therefore the amount of underestimation of the excess rates by source category may differ, as there is likely more spatial variability in some sourcespecific PM concentrations (e.g., GAS) than others (e.g., SS). This exposure error would lead to more underestimation in excess rates for those sources with greater spatial variability (e.g., GAS). Given that our strongest findings were with GAS and DIE, sources with greater spatial variability, this exposure error was unlikely to change the pattern of our results. Our reporting of patterns of effects and mention of statistical significance as only one of the multiple descriptors (i.e., effect size, precision) for our results is consistent with the American Statistical Association statement on the appropriate use of *p*-values when making an inference.⁴⁵ In our article, inference was made by the magnitude of the effect estimate, its precision, if it was consistent with our a priori hypothesis, and then finally by whether it was statistically significant.

Finally, there was a change in the ICD classification of diseases on Oct 1, 2015 that may have led to reduced counts of hospitalizations and ED visits during the study (due to increased numbers of diagnosis codes in the new ICD). This may have resulted in a reduction in the number of culture-negative pneumonia hospitalizations and ED visits after this time due to an increased granularity in the diagnosis codes available to clinicians (i.e., fewer patients placed in this general category). Outcome misclassification may be present for influenza as well given the possibility for ICD9/10 diagnoses being made based on clinical assessment alone rather than in concert with the reverse transcriptase polymerase chain reaction (RT-PCR) or rapid influenza diagnostic tests. As little change in influenza classification occurred when moving from ICD9 to ICD10 coding, we were not able to subtype the influenza infections (i.e., H1N1 and H3N2) included in the study. For the benefit of air quality policy-making, further research on the inflammatory and immune responses to specific sources of PM is needed to help determine what aspects of traffic PM sources are responsible for the previously observed increase in toxicity per unit mass.

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Notes

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NOTE ADDED AFTER ASAP PUBLICATION

This paper was published ASAP on December 18, 2019, with errors in the TOC/abstract graphic and Figure 2. The corrected version was posted on December 27, 2019.